

## *The Power of Words*

Shira and Laura rush home after school many days to play on their favorite website. The website has games, chat, and messaging for kids. Their parents let them play on the site, but Shira and Laura haven't told their parents that every day for two weeks they have received messages like these:

"I hate you!"

"You are ruining the game!"

"You are so stupid."

"You are fat."

"I am going to beat you up."

### *What's the Problem?*

How do you think Shira and Laura feel when they read these messages?

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### *Think About This...*

There is an expression that says,  
"Sticks and stones can break your bones but words will never hurt you."  
Is this true? Have you ever been hurt  
by someone's words?

### *Find a Solution!*

What advice can you give to Shira and Laura? What can they do to make the bullying stop? Who are some people they could tell?